

# Post-extra-digit-removal care

## EXTRA-DIGIT-REMOVAL AFTERCARE INSTRUCTIONS:

- The dressing can be left on for up to 48 hours.
- Incision site can get wet in two days. Keep the area dry for two days.
- Avoid soaking the incision site under water for two weeks after surgery.
- Stitches or glue are dissolvable and will fall off at home in several weeks.
- Give Tylenol (acetaminophen) every 4 to 6 hours as needed for pain. Do not give more than five times a day. Refer to the chart below for correct dosage.
- After two weeks, if the site has healed, you can massage the scar with moisturizer twice a day until the scar has faded. This could take two months or more.

## TYLENOL (ACETAMINOPHEN) DOSAGE CHART:

Weight	6 to 11 pounds	12 to 17 pounds	18 to 23 pounds	24 to 35 pounds	36 to 47 pounds
Milligram dosage	6 to 11 pounds	12 to 17 pounds	18 to 23 pounds	24 to 35 pounds	36 to 47 pounds
Infant/children's liquid (160 mg/5 mL)	1.25 mL	2.5 mL	3.75 mL	5 mL	7.5 mL
Chewable tablets (160 mg each)				1 tablet	1 <sup>1</sup> / <sub>2</sub> tablets

## REASONS TO CALL THE DOCTOR:

- Pain uncontrolled with Tylenol.
- Excessive bleeding that cannot be controlled by holding continuous gentle pressure for five minutes.
- Worsening redness or swelling of the incision site.
- Foul smelling, cloudy drainage from the incision site.

## DO I NEED TO FOLLOW UP?

Follow-up is typically not necessary after an extra-digit removal; however, if you have any concerns or questions, our office staff will be happy to assist you.

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