

Preoperative instructions for day surgery at Fannin Surgicare

GENERAL INSTRUCTIONS:

- Please visit www.fanninsurgicare.com prior to your date of surgery to complete pre-registration via "One Medical Passport."
- Please contact the preoperative nurse at least 24 hours before the date of surgery by calling 713-796-3800, ext. 243.

GUIDELINES FOR AGES 12 YEARS AND UNDER:

- No large meal within eight hours of your surgery.
- Between 6-8 hours before surgery, you may have a light meal if desired.
- The latest you may give breast milk is four hours before surgery.
- You may have water, apple juice or Pedialyte within the two hours before surgery.

GUIDELINES FOR AGES 13 YEARS AND OLDER:

- 8 hours prior to arrival, eat as usual.
- Six hours prior to arrival, eat a light meal (toast, oatmeal, grits, plain cereal).
- Four hours prior to arrival, only consume water, black coffee, Gatorade or apple juice.
- NOTHING by mouth two hours prior to surgery.

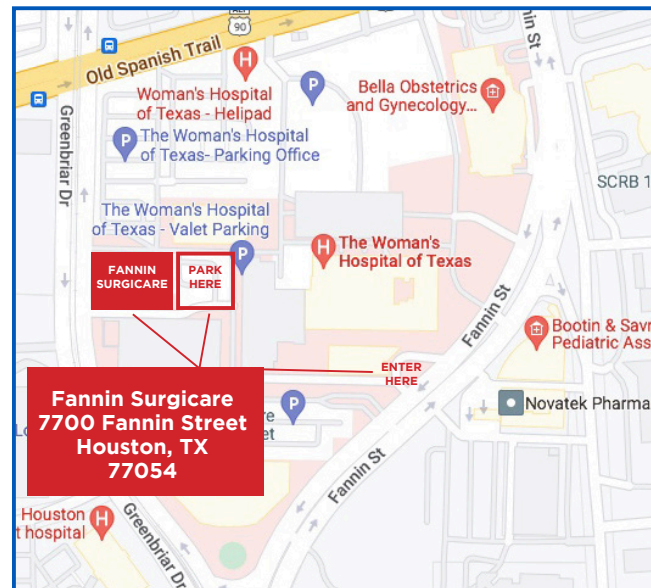
MEDICATION CONSIDERATIONS:

- If on seizure medication, take medicine with small sip of water at usual time.
- If you are diabetic and on insulin, call preoperative nurse prior to your date of service for instructions.

SURGERY LOCATION:

Fannin Surgicare
7700 Fannin Street
Houston, TX 77054

Surgery appointment scheduled for:



Pediatrics Surgery of Houston

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SURGERY OF HOUSTON