

# Testicular torsion

## WHAT IS TESTICULAR TORSION?

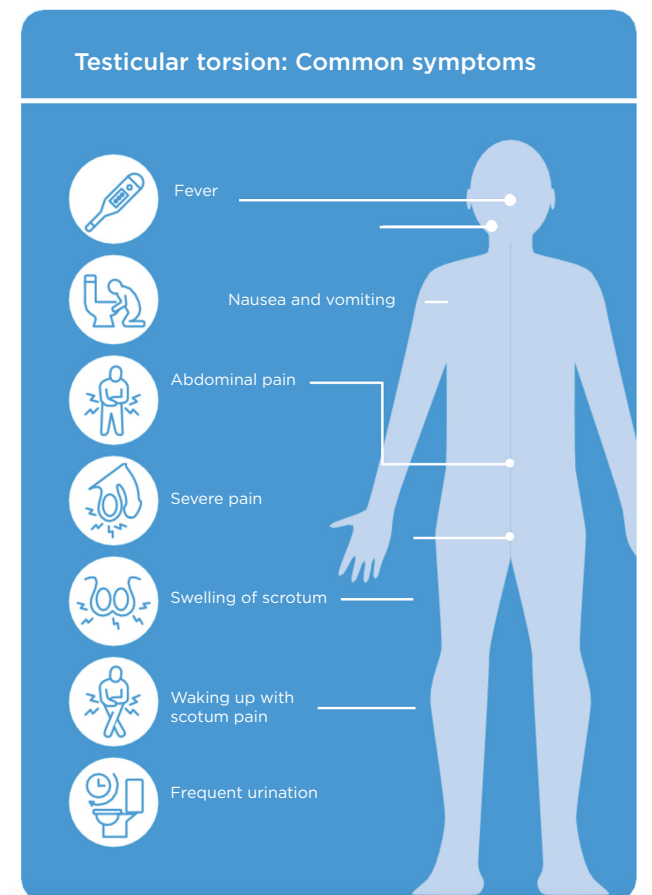
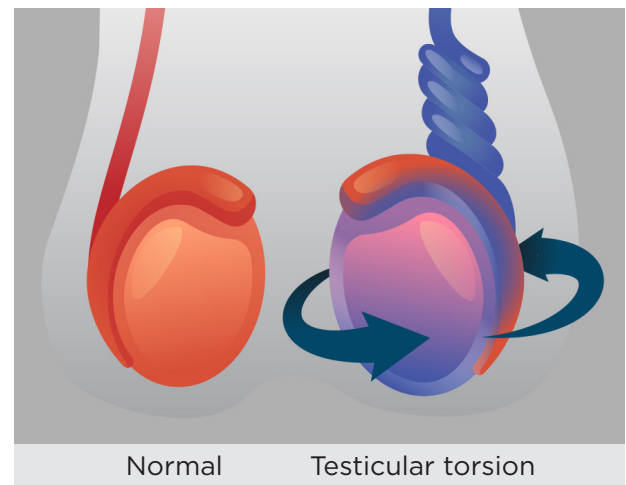
- Testicular torsion is when the testicle twists abnormally inside the scrotum, cutting off the appropriate blood flow to the testicle.
- The affected side may be swollen, red or discolored, warm, and very tender. There may also be associated nausea or vomiting.
- This condition may happen after an injury to the scrotum or testicle, or it may occur spontaneously without any known cause.

## IS TESTICULAR TORSION DANGEROUS?

- Testicular torsion is a medical emergency, and urgent medical evaluation is essential to save the testicle.
- The longer a testicle goes without blood flow, the higher the chance of testicular death.
- If your child has any symptoms of testicular torsion, as previously discussed, seek medical care at your nearest emergency department immediately.

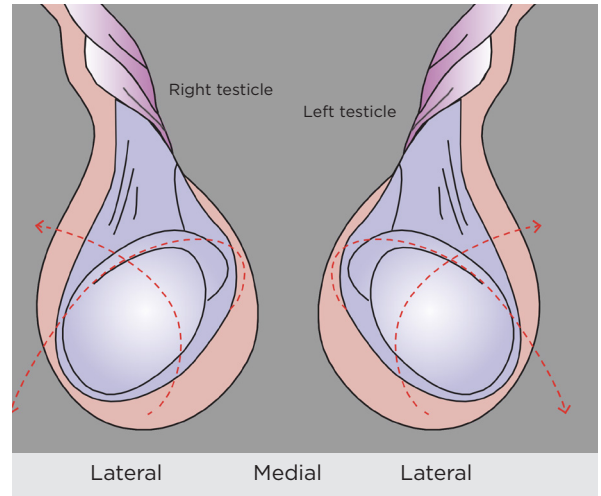
## HOW IS TESTICULAR TORSION TREATED?

- In the emergency room, manual detorsion or “untwisting” of the testicle can be performed by the physician as a temporary measure before surgery.
- Surgical repair involves untwisting the testicle and anchoring the testicle in its appropriate place with sutures. This procedure is called an orchiopexy.
- If the testicle has gone too long without blood flow and there is no chance to save the testicle, it will be surgically removed. This procedure is called an orchiectomy.
- In the case of testicular torsion, the unaffected testicle will always be evaluated and anchored in its appropriate place with sutures in surgery to prevent it from twisting in the future.
- Even if you have had surgery for testicular torsion in the past, always seek medical attention if similar symptoms recur.



## WHAT SHOULD MY CHILD EXPECT AFTER SURGERY?

- Your child will feel sore after surgery, and the scrotum will appear swollen and bruised for up to a couple of weeks following the procedure.
- Snug-fitting underwear is recommended after surgery.
- Sports, excessive physical activity and straddle activities (bike, horseback riding, etc.) will need to be avoided after surgery for a couple of weeks. Return to play will be at the discretion of your surgeon.
- Your surgeon will recommend medicine for pain if needed.



## FOLLOW-UP APPOINTMENT

- Please schedule a follow-up appointment at our outpatient office.
- Follow-up appointment scheduled for \_\_\_\_\_.
- Contact our office for any additional questions or concerns.

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